

HARVEST CRANBERRY GRAIN SALAD

Dried cranberries, smoky roasted red peppers, and fresh parsley bring balanced, comforting flavors to this Harvest Cranberry Grain Salad, built on Sandridge's fully cooked Hearty Grain Salad base. It's a globally inspired, high-margin menu item that plates as easily on a fall catering table as it does on a daily cold bar, offering operators an on-trend, better-for-you grain option with virtually zero prep.



Ingredients:

- 6 lb. Brickman's Harvest Grain Salad #116306
- 1.5 lb. Roasted red peppers, diced
- 0.25 lb. Parsley, fresh chopped
- 1 lb. Dried cranberries

Tastefully Balanced Nutritional Info

4.1g Fiber (Good Source) | 5.2g Protein (Good Source)

Nutritional Highlights (per 4 oz. serving)

A comforting, catering-friendly grain bowl with one consideration worth flagging for sugar-restricted diets:

- **Good Source of Fiber:** 4.1g (15% DV) per serving, the highest in the collection.
- **Good Source of Protein:** 5.2g (10% DV) per serving.
- **Contains Wheat:** built on a bulgur wheat grain base; not gluten-free.
- **Added Sugar Note:** 18.8g total sugar per serving, largely from dried cranberries — a consideration for sugar-restricted or diabetic meal plans.

Product	Description	Code #	Pack Size
 Brickman's® Harvest Grain Salad	A lightly dressed blend of chickpeas, quinoa, carrots, celery, dried cranberries, and apple cider vinegar.	116306	2/5 lb.

LEGEND:  Dairy Free  Gluten Free  Kosher  Vegan  Vegetarian

