

CHEF'S BLEND PASTA PRIMAVERA

Base yield: 12 portions | Portion size: ~10 oz. | Served hot | Scale by multiplying all quantities by desired batch factor

Garden-fresh vegetables sautéed in olive oil and tossed with Tavolini Fully Cooked Fresh Penne Pasta, this vibrant vegetarian primavera delivers bright, seasonal flavor with fast, efficient execution.



Ingredients:

- 5 lbs. Tavolini Fully Cooked Fresh Penne Pasta #835900
- 12 oz. zucchini, half-moon slices (1/4" thick)
- 12 oz. yellow squash, half-moon slices (1/4" thick)
- 10 oz. red and green bell peppers, julienned
- 6 oz. red onion, thinly sliced
- 4 oz. olive oil
- 2 Tbsp. Trade East Chef's Blend Seasoning #434468
- 4 oz. dry white wine or vegetable stock (deglazing)
- 4 oz. shaved Parmesan (garnish)
- 1 oz. fresh flat-leaf parsley, rough chopped (garnish)

Assembly Instructions:

1. Sauté the aromatics: Heat olive oil in a large rondeau or wide sauté pan over medium-high heat. Add red onion and cook 3 - 4 minutes until softened and beginning to caramelize at the edges.
2. Add the vegetables: Add julienned red and green bell peppers and cook 2 - 3 minutes. Add zucchini and yellow squash and cook an additional 3 - 4 minutes, tossing occasionally, until all vegetables are tender but still have a slight bite. Avoid overcooking to preserve color and texture.
3. Season and deglaze: Sprinkle Trade East Chef's Blend Seasoning (#434468) evenly over the vegetables and toss to coat. Deglaze the pan with white wine or vegetable stock, scraping up any fond. Allow the liquid to reduce by half (approximately 1 - 2 minutes).
4. Add the pasta: Add Tavolini Fully Cooked Fresh Penne Pasta (#835900) directly from package. Toss thoroughly with the vegetables and pan sauce over medium heat for 2 - 3 minutes until the pasta is heated through and fully coated.
5. Taste and adjust: Check seasoning and adjust as needed. If the dish feels dry, add a small splash of vegetable stock or olive oil to loosen.
6. Plate and garnish: Portion into 10 oz. servings. Top each with shaved Parmesan and a scatter of fresh flat-leaf parsley. Serve immediately.

Product	Description	Code #	Pack Size
 Tavolini® Fully Cooked Penne Pasta	Fully cooked, al dente penne pasta.     	835900	4/5 lb.

LEGEND:  Dairy Free  Gluten Free  Kosher  Vegan  Vegetarian



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GFS MICROSITE