

ASIAN FRIED QUINOA

Base yield: 12 portions | Portion size: ~6 oz. | Scale by multiplying all quantities by desired batch factor

Bold Asian-inspired flavor meets the speed and consistency of Sandridge Fully Cooked Quinoa, making this a high-margin, low-labor addition to any menu.



Ingredients:

- 5 lbs. Sandridge Fully Cooked Quinoa #602242
- 3 Tbsp. Trade East Asian Fried Rice Seasoning #563859
- 4 oz. butter, unsalted
- 12 oz. diced carrots (1/4" dice)
- 8 oz. diced white onion (1/4" dice)
- 8 oz. frozen peas, thawed
- 2 Tbsp. minced garlic
- 2 Tbsp. toasted sesame oil
- 3 Tbsp. soy sauce
- 6 each whole eggs, whisked
- 2 oz. scallions, sliced thin (garnish)

Assembly Instructions:

1. Sauté aromatic: Melt butter in a large flat-top griddle or rondeau over medium-high heat. Add diced onion and carrots. Cook 4 - 5 minutes until onion is translucent and carrots begin to soften. Add minced garlic and cook 1 minute more until fragrant.
2. Add quinoa: Add Sandridge Fully Cooked Quinoa (#602242) directly from packaging. Spread into an even layer and allow to sit undisturbed for 1 - 2 minutes to develop light caramelization. Toss and repeat once.
3. Season: Sprinkle Trade East Asian Fried Rice Seasoning (#563859) evenly over the quinoa. Drizzle soy sauce around the edges of the pan. Toss thoroughly to coat.
4. Fold in peas: Add thawed peas and toss to combine. Cook 1 - 2 minutes until heated through.
5. Scramble egg into the pan: Push quinoa to the sides, creating a well in the center. Add whisked eggs to the well and cook, stirring constantly, until just set. Fold eggs into the quinoa mixture.
6. Finish: Remove from heat. Drizzle toasted sesame oil over the batch and toss gently to distribute. Taste and adjust seasoning if needed.
7. Plate and garnish: Portion into 6 oz. servings. Garnish each portion with sliced scallions. Serve immediately or hold in a steam table above 140°F.

Product	Description	Code #	Pack Size
 Sandridge® Fully Cooked Quinoa	Our fully cooked quinoa is your secret weapon for building bowls, boosting sides, and crafting crave-worthy salads in a flash. Forget the pot and water – this fluffy goodness is ready to eat, hot or cold.     	602242	5/2 lb.

LEGEND:  Dairy Free  Gluten Free  Kosher  Vegan  Vegetarian

