

# TERIYAKI CHICKEN WITH RICE



This “plus-two” assembly features tender, flame-grilled chicken breast tossed in a classic, savory-sweet teriyaki glaze. Served over a generous bed of wholesome brown rice, this dish provides a familiar and popular flavor profile that residents and patients will recognize. It is an ideal solution for healthcare facilities looking to offer global flavors while maintaining strict control over preparation time and consistency.



## Ingredients:





- 3 oz. Sandridge Sliced Grilled Chicken Breast (GFS #466812)
- 12 oz. Gordon Choice Brown Rice (GFS #471245)
- 1 Tbsp. Gordon Choice Teriyaki Sauce (GFS #895868)

**Tastefully Balanced Nutritional Info**  
750mg Sodium or less | 15g protein or more

## Nutritional Highlights (per 8 oz. serving)

This profile is a powerhouse for protein and energy, making it a standout for active recovery diets:

- **Superior Protein Content:** Provides a robust **29g of protein (57% DV)** per serving, essential for tissue repair and overall metabolic health.
- **Complex Carbohydrates:** With **105g of total carbohydrates** and **5g of fiber**, this meal provides sustained energy release throughout the day.
- **Low Saturated Fat:** Contains **0g of saturated fat**, offering a heart-healthy way to deliver high-calorie nutrition.
- **Zero Added Sugars:** Despite the savory-sweet flavor of the teriyaki, the profile maintains **0g of added sugars**.
- **Essential Minerals:** A reliable source of **potassium (17% DV)** and **iron (10% DV)**.

Product	Description	Code #	Pack Size
 <b>Gordon Choice®</b> Cooked Brown Rice	This brown rice delivers restaurant-quality texture and flavor with minimal effort. Made with just water, long-grain brown rice, and a touch of canola oil; it's a blank canvas for your culinary creativity.  	452446	2/4 lb.
 <b>Gordon Choice®</b> Fully Cooked Sliced Grilled Chicken Breast	Elevate your culinary creations with the ultimate convenience protein – pre-sliced grilled chicken breast! These juicy white meat strips arrive ready-to-use in salads, stir-fries, sandwiches, and more.	466812	4/5 lb.

LEGEND:  Dairy Free  Gluten Free  Kosher  Vegan  Vegetarian

