

BLUSH SAUCE OVER PENNE WITH CHICKEN

This “plus-three” assembly creates a sophisticated blush sauce by combining rich alfredo with savory herbed tomato bisque. The result is a velvety, pink cream sauce that perfectly coats the al dente penne and tender grilled chicken. This dish offers a more premium, “restaurant-style” experience for patients and residents while utilizing existing pantry staples to streamline inventory.

Ingredients:

- 2 oz. Tavolini Alfredo Sauce (GFS #283580)
- 2 oz. Brickman’s Herb Tomato Bisque (GFS #270212)
- 3 oz. Sandridge Sliced Grilled Chicken Breast (GFS #466812)
- 8 oz. Tavolini Penne Pasta (GFS #835900)







Tastefully Balanced Nutritional Info
750mg Sodium or less | 15g protein or more

Nutritional Highlights (per 6 oz. spoodle serving)

This recipe is an excellent choice for healthcare facilities monitoring cardiac health and protein intake:

- **Heart-Healthy Sodium Levels:** Remarkably low at 280mg (12% DV) per serving, fitting easily into restricted meal plans.
- **Efficient Protein Delivery:** Provides 15g of protein in a 6 oz. portion, ideal for residents with smaller appetites who still need significant nutritional support.
- **Zero Added Sugars:** A clean nutritional profile with 0g of added sugars.
- **Calorie Controlled:** At 320 calories, it serves as a perfectly portioned lunch or a light dinner entree.

Product	Description	Code #	Pack Size
 Tavolini® Fully Cooked Penne	Fully cooked, al dente penne pasta.	835900	4/5 lb.
 Tavolini® Alfredo Sauce	This ready-to-use sauce is crafted with a blend of real Parmesan and Romano cheeses, heavy cream, and butter. It delivers classic flavor and velvety texture without the hassle of scratch-made preparation.	283580	4/4 lb.
 Brickman's® Herbed Tomato Bisque	Elevate your menu with this vibrant Herbed Tomato Bisque bursting with fresh tomato flavor, delicately balanced by a lush swirl of whipping cream, butter, and fresh basil.	270212	2/8 lb.
 Gordon Choice® Fully Cooked Sliced Grilled Chicken Breast	Elevate your culinary creations with the ultimate convenience protein – pre-sliced grilled chicken breast! These juicy white meat strips arrive ready-to-use in salads, stir-fries, sandwiches, and more.	466812	4/5 lb.

LEGEND:  Dairy Free  Gluten Free  Kosher  Vegan  Vegetarian

