GUAVA BBO RUM GLAZED CHICKEN SALAD

Transport your taste buds to paradise with our Guava BBQ Rum Glazed Chicken Salad. This vibrant salad features perfectly grilled chicken breast, glazed with a tantalizing blend of guava, BBQ sauce, and rum. Served over a colorful mix of crisp lettuce and fresh vegetables, with a side of strawberry vinaigrette to complete this tropical culinary creation.



Ingredients:

- 6 oz. Gordon Choice Grilled Chicken Breast #136480
- 2 oz. Guava
- 2 oz. Rum
- 2 oz. BBQ Sauce

Instructions:

- 1. In a small saucepan over medium heat, combine guava paste, BBQ sauce, rum, and paprika.
- 2. Stir and simmer for 3-5 minutes until slightly thickened. Remove from heat and set aside.
- 3. Brush chicken breasts with the glaze.
- 4. Heat a grill or skillet over medium heat and cook chicken for 5-6 minutes per side.

Paprika

• 8 oz. Lettuce

4 oz. Tomatoes, Carrots, Cucumber

• 2 oz. Strawberry Dressing

- 5. In the last few minutes, brush again generously with the guava BBQ rum glaze, allowing it to caramelize.
- 6. Once chicken reaches an internal temperature of 165° F, remove from heat and let it rest for 5 minutes before slicing.
- 7. In a large bowl, combine mixed greens, cherry tomatoes, carrots, cucumbers, feta, and toasted almonds.
- 8. Serve.



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GFS MICROSITE

March 2025