

# BUTTERNUT SQUASH TIKKA MASALA RICE BOWL

Butternut Squash Tikka Masala is a rich and flavorful vegetarian twist on the classic Indian dish, featuring roasted butternut squash simmered in a creamy, spiced tomato sauce. This comforting dish is perfect when served over basmati rice or with warm naan, offering a hearty blend of sweet, smoky, and tangy flavors.









## Ingredients:

- 6 oz. Gordon Choice® Brown Rice #452446
- 3 oz. Gordon Choice® Butternut Squash Soup #374850
- 3 oz. tikka masala
- Sliced bell peppers
- Sliced red onions
- 3 oz. tofu (may substitute shrimp or chicken)
- Naan bites as garnish

## Instructions:

1. Prepare the brown rice by heating it.
2. In a large sauté pan, cook the peppers and onions until they become tender, then add the tofu.
3. Once the tofu is golden brown, stir in the curry sauce and butternut squash soup. Continue cooking until heated through.
4. Serve by placing the rice at the bottom of the bowl, then pour the sauce mixture over it.
5. Garnish with fresh parsley and serve with warm naan.

Product	Description	Code #	Pack Size
 <p><b>Sandridge®</b> Cooked Brown Rice</p>	<p>This brown rice delivers restaurant-quality texture and flavor with minimal effort. Made with just water, long-grain brown rice, and a touch of canola oil; it's a blank canvas for your culinary creativity.</p> <p> </p>	452446	4/4 lb. Pouches
 <p><b>Gordon Choice®</b> Butternut Squash Bisque</p>	<p>Warm up your menu with craveable fall flavor! This velvety bisque is crafted using a rich, butternut squash base blended with milk and whipping cream, then seasoned with a touch of brown sugar and aromatic spices.</p> <p> </p>	374850	2/8 lb. Pouches

LEGEND:  Dairy Free  Gluten Free  Kosher  Vegan  Vegetarian

